

CONSTITUTION & BY-LAWS OF STUDENT CHAPTERS FOR THE AMERICAN COLLEGE OF LIFESTYLE MEDICINE

This document is intended to serve as a guide for the establishment and operation of student chapters of the American College of Lifestyle Medicine (ACLM).

Mission: As the educational and scientific national society for Lifestyle Medicine practitioners, ACLM must promote and cultivate a national community of dedicated trainee leaders, who strive to promote health, treat disease, and innovate the practice of healthcare.

1. Establishment of an ACLM Student Chapter

1. A) A student group of ACLM members at a health professions school (e.g., school of medicine, school of nursing, school of public health) within or outside of the United States, wishing to establish an ACLM Student Chapter must apply in writing to the VP of Development of ACLM to receive approval from the Executive Board of ACLM's Professionals in Training.

1. B) If the Executive Board has concluded that the proposed student chapter meets the criteria for eligibility, provisional status will be granted for a period of one year, to allow for the organization of committees, activities and programs.

1. C) After one year of provisional status, a student group will submit a written report of its activities to the Executive Board and apply for a full ACLM Student Chapter status.

2) Rules and Regulations

2. A) The overall goal for the establishment of ACLM Student Chapters is to foster the exchange of knowledge and cultivate local, national and international interactions between students who are interested in practicing Lifestyle Medicine. ACLM Student Chapters present beneficial opportunities to develop the next generation of leadership in Lifestyle Medicine.

ACLM Student Chapters will strive to conduct activities that are consistent with the following objectives:

- Provide educational opportunities for students interested in Lifestyle Medicine to learn about the profession in practice.
- Increase student awareness of the latest advances and research in Lifestyle Medicine.
- Foster participation in outreach activities that further the goals and objectives of ACLM.
- Increase awareness of career opportunities in Lifestyle Medicine.
- Provide students interested in Lifestyle Medicine with opportunities for professional advancement and leadership development.

- Cultivate multi-institutional, student-initiated programming.
- Promote a healthier and happier lifestyle for the members of its chapter and to lead by example for its local communities and the world at large.

2. B) Eligibility

Any student group of ACLM members affiliated with a health professions school is eligible to establish an ACLM Student Chapter. Where there is more than one school located in close proximity to each other, students of each respective school may join together to establish a joint ACLM Student Chapter. Members of an ACLM Student Chapter must be members of ACLM. To maintain its official status, an ACLM Student Chapter must:

- Conduct its activities in accordance with the Bylaws of ACLM (<http://lifestylemedicine.org/constitution-bylaws>)
- Conduct activities consistent with the objectives described in Section 2A.
- Be organized along the general guidelines described in Section 2D.
- Submit an annual report describing the activities of the chapter to the sponsoring faculty representative.

Failure to abide by these rules of eligibility may result in suspension of ACLM Student Chapter status.

2. C) Membership

Any ACLM student member, enrolled in an accredited health professional program (e.g., school of medicine, school of nursing, school of physical therapy) is eligible to affiliate with the nearest ACLM Student Chapter.

No person shall be denied membership on the basis of gender, race, age, sexual preference, or political or religious belief.

2. D) Organization

- Officers: Whereas each ACLM Student Chapter may be organized in a way that reflects local circumstances, each student chapter must elect an Executive Committee comprised of a President, Vice-President, and a Secretary/Treasurer. The executive committee will meet (in person or via teleconference) at least four times a year or more frequently if necessary. Minutes shall be developed for each meeting and filed with the chapter's annual report to ACLM.
- Faculty representative: Elected officers of the chapter will select a faculty representative to serve on the Executive Committee. The faculty member will be responsible for reviewing the annual report of the chapter.
- Standing Committees: Depending on the size and level of activity of the ACLM student chapter, the Executive Committee may appoint a program committee to

coordinate seminar speakers, conferences and functions; a membership committee to coordinate recruitment; and other committees as necessary to facilitate accomplishing the chapter's activities in support of its objectives.

2. E) Reports

The Secretary/Treasurer of the ACLM student chapter will submit an annual report to the Faculty Representative and to the ACLM VP of Development/Executive Board of Professionals in Training, which contains:

- A summary of activities for the previous year
- A summary of proposed activities for the next year
- A financial statement for the previous year identifying sources of funding and budget allocations
- Number of currently enrolled and active members

2. F) Financial Arrangements

- Student chapters may raise funds to support its activities.
- A report on fundraising activities and an annual budget to be submitted within the annual financial statement.

3) Resources for Student Chapters

3. A) Educational Materials

- Student chapters may use the educational resources available within ACLM for the activities within their chapter.

3. B) Annual Meeting

- Members of student chapters in attendance at the annual meeting are invited to attend the Professionals in Training Executive Board meeting and will be recognized at the evening reception.